

Life Coach & Client Agreement

Alexsandra Life Coach

This Coach/Client Agreement states the terms and conditions that govern the contractual agreement between Alexsandra Life Coach and the Client who agrees to be bound by this Agreement.

WHEREAS, the Coach offers coaching services in the field of Personal Development Coaching; and

WHEREAS, the Client desires to retain the services of the Life Coach to render coaching services with regard to personal development according to the terms and conditions herein.

NOW, THEREFORE, In consideration of the mutual covenants and promises made by the parties hereto, the Coach and the Client (individually) covenant and agree as follows:

1. Term For Coaching Services

This Agreement shall begin on _____ and continue for _____.

The Coach agrees that it shall provide its expertise to the Client for all things pertaining to Life Coaching Services. The Client understands coaching is not therapy and does not substitute for therapy if needed, and does not prevent, cure, or treat any mental disorder or medical disease. Either Party may terminate this Agreement for any reason with two days written notice to the other Party.

2. Compensation & Rescheduling

In consideration for the Coaching Services, the Client shall pay the Coach at the rate of \$175 per session. Should the Client need to reschedule a Coaching Service, the Client may do so by providing 48 hours notice in advance of the Client's scheduled session and making up the session within a week of the originally scheduled date.

3. Refund Policy

In consideration for the Coaching Services, I do not offer refunds. The Coach and Client relationship, which requires a partnership commitment that we are fully invested in.

4. Confidentiality

The Coach shall not disclose to any third party any details regarding the Client's business, including, without limitation any information regarding any of the Client's information, action plans, or personal development plans, (ii) make copies of any Confidential Information or any content based on the concepts contained within the Confidential Information for personal use or for distribution unless requested to do so by the Client, or (iii) use Confidential Information other than solely for the benefit of the Client.

5. Indemnification

The Client agrees to indemnify, defend, and protect the Coach from and against all lawsuits and costs of every kind pertaining to the Client's business including reasonable legal fees due to any act or failure to act by the Client based upon the Coaching Services.

An example of when this clause comes into play: in the event a third party sues the Coach for the Client doing or deciding not to do something based on the Coach's advice, then the Client will cover the costs to the Coach in such an action.

6. No Modification Unless in Writing

No modification of this Agreement shall be valid unless in writing and agreed upon by both Parties.

7. Applicable Law

This Coaching Agreement and the interpretation of its terms shall be governed by and construed in accordance with the laws of the State of Oregon and subject to the exclusive jurisdiction of the federal and state courts located in Lane County, Oregon.

IN WITNESS WHEREOF, each of the Parties has executed this Coaching Agreement, both Parties by its duly authorized officer, as of the day and year set forth below.

[Alexsandra Life Coach]

[First name]

[Last name]

[Date]

[Client]

[First name]

[Last name]

[Date]